

Being Safe is Your Best Good Luck Charm

**SAFE
K:DS
UPSTATE**

As we move to the warmer months, it is important to prepare for outdoor activities. In this issue you will find information on Safe Kids Day at the Drive, Helmet Safety, Medication Safety, Child Passenger Safety, Recent Events, and Upcoming Events.



Safe Kids Day at the Drive



We are one month away from Safe Kids Day at the Drive! On April 7th, the stadium at Flour Field will be packed with vendors from across the Upstate with interactive games. You can look forward to watching the game against West Virginia, driving karts with simulation goggles, hands only CPR,

inflatables, and so much more!

[Click here](#) to sign-up to receive information on how to access tickets!

Helmet Safety

A properly-fitted helmet is the most effective way to prevent a head injury resulting from a bicycle crash. Children, teens and adults should all wear helmets when doing any type of wheeled sport activity. A traumatic brain injury can be life changing for all. See below for some important tips on how to properly wear a bike helmet.

- Before you purchase a helmet, measure the circumference of your child's head to verify the helmet will be the correct size.
- Position the helmet on the child's



head. The rim should be within a two finger-width above the eyebrows

- Make sure the straps of the helmet form a "V" under your child's ears when buckled. The strap should be snug but comfortable.
- Have your child open their mouth as wide as they can. The straps should tight and hug their head during this movement.
- Use appropriate helmets for different activities.
- Model and teach good behavior.

[Click here for more tips.](#)

Medication Safety

March is Poison Prevention month. Medications are the leading cause of child poisoning in the U.S. Many medications look and taste like candy. It is important that you keep these items up and away from small children, and educate teens how to properly administer medications. See below for some tips to keep your family safe:

1. Put all medicine up and away, out of children's reach and sight
2. Consider places where kids get into medicine
3. Read instructions and only use the dosing device that comes with the medicine
4. Write clear instructions for caregivers about your child's medicine
5. Save the Poison Help number in your phone: 1-800-222-1222



[Click here for additional information.](#)

Child Passenger Safety



Safe Kids Upstate is excited to announce their partnership with Kidding Around Greenville for 2019! This amazing partnership is brought to you by Kohl's Cares and will allow SKU to film monthly safety messages/videos for the community through Kidding Around Greenville. You can view these videos monthly on both the Kidding Around Greenville Facebook Page and Bradshaw Institute's Facebook Page. We look forward to sharing these very important monthly safety messages with our community. In January we talked about Car Passenger Safety, fire

prevention, and other important safety tips with our partner, the Simpsonville Fire Department!

Recent Events

Seacoast MOPS Car Seat Safety

Safe Kids Upstate attended the January Mother's of Preschoolers (MOPS) meeting at Seacoast of Greenville. Safe Kids Upstate educated mothers on general Car Seat Safety information, tips for safe use and installation, and answered many questions they had about safe travel for their little ones. Safe Kids values the opportunity to spread Child Passenger Safety education and awareness in the community!

If your group is interested in having Safe Kids Upstate present Car Seat Safety information to your agency/group, click here to submit an event request.

Walhalla High School Council Community Wellness Event

Safe Kids Upstate participated in the Walhalla High School Improvement Council's community wellness event in February. The event was held at City of Walhalla Soccer Field where an Alumni Varsity Soccer Game was hosted by Walhalla Recreation Department. Along with our coalition partners, the City of Walhalla Fire Department and Mountain Lakes Access Health, Safe Kids Upstate was able to share important safety and wellness information to support our community.



Meet Your Healthcare Neighbor at Monarch Elementary



In February, Safe Kids Upstate worked with Prisma Health to participate in the Meet Your Healthcare Neighbor at Monarch Elementary. The event aimed to help families meet and engage the local healthcare and wellness related businesses to sustain a healthy well-being. SKU discussed helmet and pedestrian safety. Many students understood how to properly fit a bike helmet.

[Click here if you need help fitting a helmet.](#)

Upcoming Events

Multi-County

- March 26--DSS Educational Training

Greenville County

- March 23--Armstrong Elementary Carnival
- March 25-30--3D Simulator at Mauldin High School
- March 26--Greenville County Coalition Meeting
- March 30-April 2--Lifesavers National Conference

Oconee County

- March 6--Oconee County Coalition Meeting
- March 18--Cultural Sensitivity Training

Pickens County

- March 18-20th--Child Passenger Safety Training
- March 20--Pickens County Coalition Meeting

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