



Make it a **SAFE KIDS Summer!**

Don't take a vacation from safety.

Hey Kids! Summer's here, which means lots of fun. But did you know that summertime can be a very dangerous time for kids? Follow these tips to protect yourself, and promise to make this a SAFE KIDS Summer!

1 **Ride Safe!**

- I buckle up on every ride.
- I sit in a back seat whenever I can.

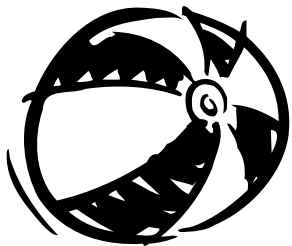
2 **Swim Safe!**

- I never swim without an adult present.
- I wear a life jacket whenever I'm out on a boat and at the beach or lake.

3 **Wheel Safe!**

- I wear my helmet every time I ride my bike, scooter or skate.
- I know the rules of the road and obey all traffic laws.

4 **Walk Safe!**



- I look left, right and left again before crossing the street and continue to look both ways while I walk.
- I wear retroreflective materials and carry a flashlight when it's dark.

5 **Play Safe!**

- I don't use playground equipment unless an adult is with me.
- I always wear the right, properly fitted protective gear when I practice and play team sports.

